

Welcome to the 2026-2027 School Year PCH Families!



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We hope you've had a wonderful summer! We are excited to welcome back our returning families and extend a warm welcome to all of our new families and friends joining the Precious Children in the Highlands family.

As we begin a new school year, we want to make sure you stay informed every step of the way. Please bookmark linktr.ee/pchpreschool for important announcements, calendars, upcoming events, forms, and other helpful resources throughout the year.

A new school year brings new experiences, exciting opportunities, and lots of growth. Your child's teacher is always happy to answer questions about your child's development, learning, and daily experiences in the classroom. Our administrative team is also here to help with any questions you may have throughout the year.

We look forward to partnering with your family and making this an amazing year filled with learning, laughter, faith, and fun. Welcome to the 2026-2027 school year!

Transitioning to Preschool

▣ First-Time Preschool Drop-Off? You've Got This! ▣

Starting preschool is a BIG step—for little ones *and* their grown-ups! It's totally normal to feel a mix of excitement, nerves, and maybe even a few tears (yours or theirs—we don't judge!). To help make the transition smooth and positive, here are some tried-and-true tips to help you both ease into this exciting new chapter:

▣ Talk it Up!	▣ Create a Morning Groove
Chat with your child about what to expect at preschool. Keep it upbeat—talk about the friends they'll make, the toys they'll play with, and the fun things they'll learn. Reassure them that you'll be back soon to hear all about it!	Kids love routines—it helps them feel safe and in control. Start each day with a simple routine: breakfast, brush teeth, get dressed, and head out. Predictability helps ease anxiety.
▣ Keep Goodbyes Short & Sweet	▣▣ Trust the Teachers
Lingering too long can be tough on both of you. A quick hug, a cheerful “I love you!” and a confident wave works wonders. (Even if you're crying in the car later—we get it!)	Our teachers are pros at comfort, distraction, and magical redirection. They're here to help make this transition as smooth and loving as possible.
▣ Make a Goodbye Ritual	😊 Model Calm Confidence
How about a special hug? A high-five? A silly handshake just for the two of you? A little goodbye routine adds comfort and consistency.	Your child picks up on <i>your</i> vibes. So even if you're nervous, show them that this is a safe, exciting place. Smile, speak with confidence, and save the tears for after drop-off (we recommend tissues in the car).
▣ Talk About After-School Fun	▣ Stay in Touch
Let them know about the cool stuff you'll do after school—play at the park, bake cookies, read a favorite book. It gives them something to look forward to!	Use the Procare app to message your child's teacher or ask for updates. Knowing they're doing well (or getting support) can ease your mind in those early days.
▣ No Sneaky Exits!	▣ Give it Time
We know it's tempting to sneak away during playtime to avoid tears—but saying a loving, clear goodbye builds trust. They'll learn that “goodbye” always leads to “hello again.”	Every child is different. Some jump in with excitement, others need a bit longer to adjust—and that's okay! Be patient with the process and gentle with your heart.
▣ You're not alone! We're here to walk alongside you every step of the way as your child starts their preschool journey. With love, encouragement, and consistency, this new beginning will soon become a joyful part of your daily rhythm. ▣	

☐ **A Few Friendly Reminders as We Kick Off the Year!**

To help everything run smoothly during these exciting first days, here are a few important things to keep in mind:

☐ Signing In & Out	☐ Bring Your ID
Please make sure an authorized adult is the one signing your child in and out through the Procure app. Children should not sign the signature page.	During the first few days, we kindly ask all adults to bring a photo ID at pick-up. This helps our staff get to know families and ensures your child's safety.
☐ Sign In with the QR Code or Kiosk	☐☐☐ Updating Pick-Up Contacts?
You can use your phone to scan the Procure QR code or use the kiosk to sign your child in and out each day.	Need to add someone to your child's authorized pick-up list? Simply email us their full name and relationship to your child, and we'll take care of the update!
☐ Photos & Updates	☐ Lunches
We know you're excited to see photos and updates! We'll do our best to share them as soon as we can. Please remember that the first few days can be busy as everyone settles into new routines.	If your child is joining our lunch program, please let your teacher know. It may take a few days for lunches to appear on your invoice.
☐ Check the Linktree!	☐ Incident Reports
Don't forget to check the link tree for upcoming events, important dates, and updates. It's your go-to resource for what's happening at PCH!	If your child has a minor bump or scrape, or if there has been challenges during the day, we'll send an incident report through Procure. Please open the app and sign it promptly. You'll receive a push notification when a report is waiting for your review.
After School Care Parents: Please let us know by 2:00p.m either by email or office chat if your child will <i>*not*</i> be on the bus for the afternoons. All absences must be in writing.	

☐ PCH Preschool Donation Wish List ☐

We are a nonprofit preschool, and your generosity helps us provide a safe, fun, and supportive learning environment for every child! We are currently seeking donations of essential items to support our classrooms and daily care.

There's absolutely no obligation to donate — even just one item makes a difference!

- Baby wipes
- Tissues
- Paper towels
- Disinfectant wipes (child-safe brands)
- Ziplock bags (all sizes)
- Band-Aids (no-latex, kid-friendly, variety of sizes)
- Copy paper (white & colored)
- Laminating pouches
- Sheet protectors, binders, folders
- Dry-erase markers & erasers
- Pens
- Sharpies
- Gift cards (Walmart, Target, Amazon, office supply stores)
- Extra children's clothing (new or gently used, sizes 2T-6, especially pants/underwear)
- Body pillow covers for mats
- Pull-ups & diapers (various sizes)
- Batteries (AA, AAA, C, D, 9V)



* Diaper Cream & Sunscreen Permission Forms

If you would like our staff to apply diaper cream and/or sunscreen to your child, please make sure your permission forms are current for the new school year.

This includes all children who have recently moved up into a new classroom, as a new permission form may be required.

If you're unsure whether your child's permission form is up to date, simply ask your child's teacher, and they'll be happy to check for you.

For your convenience, you can complete these permission forms at any time by visiting

linktr.ee/pchpreschool

☐ Medication Reminders

To help keep all of our children safe, please review the following medication guidelines:

- **Prescription** creams, ointments, and other medications (including those applied to the skin) require a completed Medical Authorization Form before they can be administered at PCH.
- All prescription medications must be in their original packaging with the pharmacy label clearly attached.
- This policy also applies to EpiPens, asthma inhalers, and any other prescription medications brought to the preschool.

Please note: Precious Children in the Highlands only administers life-saving emergency medications, such as EpiPens and asthma inhalers. We do not administer other medications during the school day.

If your child requires an emergency medication, please speak with the administrator to ensure all required paperwork has been completed before your child's first day.